


June 2025

Bay Count Department on Aging

HDM/Congregate Menu

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>(2) BAKED PORK CHOP/MUSHROOM GRAVY (6)</b> Buttered Rotini Noodles (43) Cali Blend Veggies (4)	<b>(3) PATTY MELT (6)</b> Whole Wheat Bun (25) Baked Potato (18) Colorful Peas and Carrots (9) Apple (21)	<b>(4) GOURMET CHICKEN TETRAZINNI (27)</b> Kyoto Blend Vegetables (9) Apricots (15) Split Top Dinner Roll (14)	<b>(5) SAVORY BEEF STEW (20)</b> Garlic and Cheese Biscuits (10) Brussel Sprouts w/Parmesan (7) Clementine (9)	<b>(6) POLLACK BITES (22)</b> Au gratin Potatoes(21) Blueberry Crisp (53) Creamy Coleslaw (15)
<b>(9) SCRAMBLED EGGS (3)</b> Turkey Links (1) Seasoned Cube Potatoes (20) Cheese Danish (17) Orange (16)	<b>(10) LEMON PEPPER CHICKEN</b> Garden Vegetable Blend (5) Garlic and Cheese Biscuit (10) Apple (21) Sweet Potato Benedict (43)	<b>(11) GOLD COAST PORK CHOPS (8)</b> Ranch Mashed Potatoes (17) Garden Green Peas (11) Choc Chip Cookie (27)	<b>(12) SMOTHERED CHICKEN (7)</b> Diced Redskin Potatoes (13) Stir Fry Blend Veggies (5) Mandarin Oranges (16)	<b>(13) FALL APPLE SALAD (38)</b> Apple Slices (8)
<b>(16) MEATLOAF PATTY (8)</b> Green Beans (5) Candied Sweet Potatoes (31) Sugar Cookie (26)	<b>(17) HAWAIIAN MEATBALLS (50)</b> Fried Rice (19) Cauliflower (4) Banana (27)	<b>(18) CRISP CHICKEN FINGERS (17)</b> Down Home Fries (15) California Blend Vegetables (4)	<b>(19) JUNETEENTH ALL ACTIVITY CENTERS AND</b>	<b>(20) Garlicky Chicken (19)</b> Green Beans (5) Parsley Potatoes (13) Lime Pear Jello (25)
<b>(23) BREADED POLLACK (16)</b> Ranch Mashed Potatoes (17) Kyoto Blend Veggies (9) Clementine (9)	<b>(24) HEARTY GOULASH (28)</b> Southern Succotash (20) Applesauce (23) Lemon Poppyseed Cake (42) Multi Grain Roll (27)	<b>(25) CHICKEN &amp; DUMPLINGS (23)</b> Mixed Vegetables (11) Honey Wheat Dinner Roll (12)	<b>(26) CABBAGE ROLLS (17)</b> Parsley Potatoes (12) Venetian Blend Veggies (6) Light String Cheese (1)	<b>(27) BBQ RIBLET (12)</b> Ranch Spudsters (17) Baked Apples (23) Creamy Coleslaw (15)
<b>(30) CONNIE'S VEGGIE CHEESE SOUP (16)</b> Mixed Vegetables (11) Garlic and cheese biscuit (10) Apples (16)				

All Meals at the Activity Centers served with Fat-Free Milk (13)

Menu is subject to change without notice.

Number next to the menu item indicates carbohydrate count.

Be advised menu items may contain nuts.

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