



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
(1) 	(2) PATTY MELT (6) Whole Wheat Bun (25) Baked Potato (18) Colorful Peas and Carrots (9) Apple (21)	(3) GOURMET CHICKEN TETRAZINNI (27) Kyoto Blend Vegetables (9) Apricots (15) Split Top Dinner Roll (14)	(4) SAVORY BEEF STEW (20) Garlic and Cheese Biscuits (10) Brussel Sprouts (7) Clementine (9)	(5) POLLACK BITES (22) Au gratin Potatoes(21) Apple Crisp (43) Creamy Coleslaw (15)
(8) SMOTHERED CHICKEN (7) Diced Redskin Potatoes w/ onions(13) Stir Fry Blend Veggies (5) Gelatin Cup (5)	(9) CHI CHI CHILI (22) Saltine Crackers (5) Oven-Baked Potato (33) Wax Beans (5) Pineapple Chunks(18)	(10) GOLD COAST PORK CHOPS (8) Ranch Mashed Potatoes (17) Garden Green Peas (11) Choc Chip Cookie (27)	(11) SCRAMBLED EGGS (3) Turkey Links (1) Seasoned Cube Potatoes (20) Orange Juice (13)	(12) 
(15) MEATLOAF PATTY (8) Green Beans (5) Candied Sweet Potatoes (31)	(16) HAWAIIAN MEATBALLS (50) Fried Rice (19) Cauliflower (4) Peaches (12)	(17) CRISP CHICKEN FINGERS (17) Down Home Fries (15) California Blend Vegetables (4)	(18) VEGETABLE LASAGNA (27) Scandinavian Blend Veggies(7) Honey Wheat Dinner Roll (12)	(19) Garlicky Chicken (19) Green Beans (5) Parsley Potatoes (13) Lime Pear Jello (25) Cranberry Juice (17)
(22) BREADED COD (14) Ranch Mashed Potatoes (17) Kyoto Blend Veggies (9) Clementine (9)	(23) HEARTY GOULASH (28) Southern Succotash (20) Applesauce (23) Multi Grain Roll (27)	(24) CHICKEN & DUMPLINGS (23) Mixed Vegetables (11) Strawberry Yogurt Cup (13) Honey Wheat Dinner Roll (12)	(25) CABBAGE ROLLS (17) Parsley Potatoes (12) Venetian Blend Veggies (6)	(26) HONEY MUSTARD CHICKEN (11) Oven Brown Potatoes(20) Sliced Carrots (7) Apple Slices and Caramel (32)
(29)HOT DOG (1) Whole wheat bun (19) Green Beans (5) Clementine (9) Potato Chips (15)	(30) BAKED TURKEY (3) Mashed Potatoes (17) w/Turkey Gravy (2) Spinach (5) Cherry Crisp (55)			

All Meals at the Activity Centers served with Fat-Free Milk (13)

Menu is subject to change without notice.

Number next to the menu item indicates carbohydrate count.

Be advised menu items may contain nuts.