

MARIJUANA & BREASTFEEDING

RISKS FOR BABY:^{1,2}

- Disrupted brain development
- Marijuana has 500 chemicals that can pass through breastmilk
- Breastmilk can contain THC for up to six days after use
- Cannabidiol (CBD) products can contain harmful contaminants
- Harmful exposure to secondhand marijuana smoke

DID YOU KNOW?

Marijuana smoke contains many of the same harmful chemicals as tobacco smoke, in some cases in higher amounts. Neither marijuana nor tobacco products should be smoked around a baby or children.²



EFFECTS OF MARIJUANA ON CHILDHOOD DEVELOPMENT:^{2,3}

- Difficulty thinking and problem-solving
- Problems with memory and learning
- Poor coordination and reaction time
- Difficulty maintaining attention
- Risk of temporary psychosis or mental disorder
- Potential for addiction
- Impulsivity and hyperactivity



THE BLUNT FACTS

The American College of Obstetricians and Gynecologists (ACOG) recommends that women who are breastfeeding not use marijuana. Exposing babies to marijuana is not considered safe.



*If you need help quitting marijuana,
contact the SAMHSA National Helpline 24/7
at (800) 662-4357 or talk with your health care provider.*

Sources:

1. Food & Drug Administration
2. Centers for Disease Control and Prevention
3. American Association of Pediatrics