

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	(1) Egg Salad Sandwich (7) Grapes (14) Carrot Sticks (4)	(2) Chicken Salad Croissant (22) Tropical Fruit Salad (21) Potato Chips (15)	(3) Turkey and Swiss Sandwich (2) Oreos (16) Cottage Cheese (6)	(4) Roast Beef Slider (47) Creamy Cole Slaw (15) Mini Donuts (16)
(7) 	(15) Asian Chicken Salad (38) Lemon White Chocolate Chip Cookie (24)	(16) Chef Salad (21) Banana (27)	(17) Fall Apple Salad (50) Peanut Butter Cookie (20)	(11) Closed for an all-day staff meeting.
(14) Garlicky Chicken (1) Southern Succotash (20) Parsley Potatoes (13) Diced Pears (16)	(15) Cabbage Rolls (19) Venetian Blend Veggies (6) Cheesy Mashed Potatoes (13) Vanilla Pudding (24)	(16) Patty Melt (4) Whole Wheat Bun (25) Baked Potato (24) Peas/Carrots (9) Apple (21)	(17) Chicken Fingers (39) Down Home Fries (15) Cali Blend Veggies (4) Butter Pecan Cookie (25)	(18) Hawaiian Meatballs (13) Brown Rice (9) Spinach (5) Peaches (12)
(21) Orange Chicken (31) Fried Rice (19) Spring Rolls (14) Apple Juice (14)	(22) Chi Chi Chili (22) Baked Potatoes (24) Wax Beans (6) Pineapple Chunks (18)	(23) Chicken & Dumplings (15) Mixed Veggies (11) Fresh Strawberries (6) Mini Brownie (32)	(24) Ham (2) Green Beans (6) Mashed Potatoes (17) Monster Cookie (36)	(25) Breaded Fish (24) Ranch Mashed Potatoes (17) Kyoto Blend Veggies (9) Chocolate Mousse (16)
Baked Turkey (3) Mashed Potatoes (17) Green Beans (5) Chocolate Chip Cookie (27)	BBQ Riblet (12) Mashed Potatoes (17) Cali Blend Veggies (4) Cranberry Juice (17)	Breaded Fish (24) Roasted Corn/Beans (14) Southwest Coleslaw (14) Peanut Butter Cookie (20)		

All meals at the Activity Centers served with 2% Milk (13). Number next to the menu item indicates carbohydrate count.

Be advised menu items may contain nuts.

MENU IS SUBJECT TO CHANGE WITHOUT NOTICE.